

# Public Document Pack



## Nottingham City Council Children's Partnership Board

**Date:** Tuesday, 28 March 2023

**Time:** 4.00 pm

**Place:** To be held remotely via Zoom - <https://www.youtube.com/user/NottCityCouncil>

**Councillors and Board Members are requested to attend the above meeting to transact the following business**

**Director for Legal and Governance**

**Governance Officer:** Catherine Ziane-Pryor

**Direct Dial:** 0115 876 4298

<b>Agenda</b>	<b><u>Pages</u></b>
<b>1 Apologies for Absence</b>	
<b>2 Declarations of Interest</b>	
<b>3 Minutes</b> Of the meeting held on 6 December 2022, for confirmation.	3 - 6
<b>4 Children and Young People's Mental Health Provision in Nottingham City</b> Presentation by Rachel Clark, Programme Lead, Children and Young People's Mental Health, Public Health and Nottingham and Nottinghamshire ICB, and Elayne Walker Service Manager Nottingham City Targeted CAMHS	7 - 22
<b>5 Ofsted Improvement Plan -Update</b> Report of the Director of Children's Integrated Services	23 - 32
<b>6 Key Messages and Items for Information</b>	
<b>7 Forward Plan and Suggestions for future agenda items</b>	33 - 34

If you need any advice on declaring an interest in any item on the agenda, please contact the constitutional services officer shown above, if possible before the day of the meeting

Citizens are advised that this meeting may be recorded by members of the public. Any recording or reporting on this meeting should take place in accordance with the council's policy on recording and reporting on public meetings, which is available at [www.nottinghamcity.gov.uk](http://www.nottinghamcity.gov.uk). Individuals intending to record the meeting are asked to notify the governance officer shown above in advance.



## NOTTINGHAM CITY COUNCIL CHILDREN'S PARTNERSHIP BOARD

**MINUTES of the meeting held remotely via Zoom -  
<https://www.youtube.com/user/NottCityCouncil> on 6 December 2022 from 4.05 pm -  
5.21 pm**

✓	Cllr Cheryl Barnard (Chair)	Portfolio Holder for Children and Young People, NCC
✓	Cllr Angela Kandola	Executive Assistant for Education and Transport, NCC
✓	Catherine Underwood	Corporate Director for People, NCC
✓	Sam Morris	Head of Children's Strategy and Improvement, NCC
✓	Ailsa Barr	Director of Children's Integrated Services, NCC
✓	Nick Lee	Director of Education, NCC
✓	Jon Rea	Engagement and Participation Lead Officer, NCC
✓	Karon Foulkes	Head of Children's Commissioning and Transformation, NHS Nottingham and Nottinghamshire ICB
	Amanda Payne	Regional Manager, East Midlands, Futures Group
✓	Mohammed Ramzan	Further Education representative (Nottingham College)
✓	Ekua Ghansah	Child Friendly City Programme Lead
✓	Maria Ward	Maintained Primary School Governor
	Sonia Burton	Youth Justice Service , NCC
	Tracy Tyrell	Director of Nursing and Allied Health Professionals, Nottingham CityCare Partnership
✓	Sarah Fielding	Nottingham Schools Trust and Virtual School
	Supt. Kathryn Craner	Nottinghamshire Police
	Nicky Bridges	Primary Schools' representative (Robin Hood Primary)
	Chad Thompson	Head of Children's Transformation
	Michelle Strong	Secondary Schools' representative (Bulwell Academy)
	Karla Capstick	Small Steps Big Changes representative (Director)
✓	Karla Banfield	Strategic Commissioning Manager, NCC
✓	Cheryl Steele	Special Schools' representative (Rosehill School)
	Celina Adams	Voluntary Sector
	Claire Perry	Voluntary Sector (Children & Young People's Provider Network)
✓	David Johns	Consultant in Public Health, NCC

✓ Indicates present at meeting

**Colleagues, partners and others in attendance:**

Natalie Baker-Swift - Head of Violence Reduction Unit  
Lana Jay - Nottinghamshire South Careers Hub  
Phil Wye - Governance Officer

## **15 APOLOGIES FOR ABSENCE**

Superintendent Kathryn Craner (Nottinghamshire Police)  
Amanda Payne (Futures Advice, Skills and Employment Ltd)  
Nicky Bridges (Robin Hood Primary School)  
Karla Capstick (Nottingham Citycare Partnership)

## **16 DECLARATIONS OF INTEREST**

None.

## **17 MINUTES**

The minutes of the meeting held on the 28 June 2022 were agreed.

## **18 TERMS OF REFERENCE**

It was suggested that links with the Health and Wellbeing Board could be strengthened.

The Terms of Reference were noted.

## **19 KEY MESSAGES AND ITEMS FOR INFORMATION**

In view of the recent inquest findings attributing the death of a child to mould in their property, all partners are asked to be vigilant and to talk to parents if they suspect that there are health conditions that might relate to mould.

Communications will be sent within the week to partners and schools on the City's response to the recent Strep A and Scarlet Fever outbreaks. There are no known cases in Nottingham currently.

## **20 VIOLENCE REDUCTION UNIT UPDATE**

Natalie Baker-Swift, Head of the Violence Reduction Unit (VRU) delivered a presentation to the Board, highlighting the following:

- (a) the VRU's core function is to offer leadership and, working with all relevant agencies operating locally, strategic coordination of the local response to serious violence. Prevention and early intervention focuses on children and young people up to 25 years;
- (b) the VRU recognises that childhood influences may influence violence or exploitation, and data is used to understand the causes of serious violence;
- (c) the VRU works in partnership with Children's Services, Youth Justice, Public Health, the NHS, Education, Police, Prisons, Probation Fire and Rescue, and community

representatives;

- (d) there are three main strands to the work of the VRU: Providing inclusive system leadership, making best use of data sharing, insight and evidence, and delivering and evaluating early intervention and prevention activity;
- (e) new legislation in January will compel local authorities and other partners to prevent and reduce serious violence. Nottingham is ahead of the curve on this work with the VRU leading on trauma informed approaches, workforce development, and community capacity building;
- (f) the VRU has a 3 year plan to improve the quality and accessibility of data across the partnership in order to identify evidence gaps and commission research that strengthens the voice of communities;
- (g) a programme of work is taking place to target and support children in urban street groups in order to support them back into education, training or employment. Often these children require support with the speech and language which is also provided.

## **21 NOTTINGHAMSHIRE SOUTH CAREERS HUB**

Lana Jay, Strategic Hub lead, delivered a presentation to the Board and highlighted the following:

- (a) Careers Hubs bring together schools, colleges, employers, and apprenticeship providers in local areas across England. The goal is to make it easier for schools and colleges to improve how they prepare young people for their next steps. The D2N2 hub is divided into four regions, with the Nottinghamshire South Hub covering Nottingham City;
- (b) Careers Hubs enable schools and colleges and their Careers Leaders to access training and support, and to collaborate in a focussed way, bringing together best practice and local labour market insight. Hubs offer schools and colleges dedicated support from the local hub team and facilitate partnerships with key employers committed to improving careers across an area;
- (c) over 170 volunteers now work with schools as Enterprise Advisors in order to improve careers advice and education, providing business acumen that teachers may not possess;
- (d) schools are assessed against Gatsby Benchmarks which include a stable careers programme, learning from careers and labour market information, addressing the needs of each student, linking curriculum learning to careers, encounters with employers and employees, experiences of workplaces, encounters with further and higher education, and personal guidance;
- (e) a primary version of the hub is being trialled, following research that shows that many young people have given up on pursuing certain careers by the age of 7.

The following points were raised during the discussion which followed:

- (f) an event is taking place soon for those who would like to volunteer as an Enterprise Advisor and partner with a school or college;
- (g) the benchmarks could be tailored for use with children and young people with special educational needs or disabilities;
- (h) although the majority of schools in the city engage with the Careers Hub, a number are unwilling to engage and it would be useful to link with the Local Authority to encourage more engagement.

## **22     FORWARD PLAN AND SUGGESTIONS FOR FUTURE AGENDA ITEMS**

A suggestion was made for a future item on young people who are NEET (not in education, employment or training).

The forward plan was noted.

# Children and Young People's Mental Health Provision in Nottingham City

Rachel Clark, Programme Lead, Children and Young People's Mental Health.

Public Health and Nottingham and Nottinghamshire ICB

Elayne Walker Service Manager Nottingham City Targeted CAMHS

Maddi Popoola – Service Manager – Mental Health Support Teams in Schools

Oliver Godfrey – Be U Notts

Rebecca Keating – Nottinghamshire Healthcare Trust

# Mental Health Needs of Children and Young People in Nottingham City

- A refreshed JSNA chapter around the emotional and mental health needs of children and young people was published on Nottingham Insight in 2022.

<https://www.nottinghaminsight.org.uk/themes/health-and-wellbeing/joint-strategic-needs-assessment/children-and-young-people/emotional-and-mental-health-needs-of-children-and-young-people-aged-0-25-years-2022>

- The recommendations from the JSNA have informed partnership priorities in this area.
- Partnership work around mental health is across the 0-25 age range and inclusive of young adults

# THRIVE model

- The THRIVE Framework provides a set of principles for creating coherent and resource-efficient communities of mental health and wellbeing support for children, young people and families.
- The THRIVE Framework conceptualises the mental health and wellbeing needs of children, young people and families into five needs-based groupings and helps
- Supports pathway mapping and helps to identify and address gaps in services
- Partners have committed to use the THRIVE model to support change across the system.
- Resource has been secured to engage the National I Thrive team to support this work in 23/24.



# NHS Long Term Plan 2019 - Key Ambitions

- There will be an increase in the number of children and young people receiving evidence - based community services. An additional 345,000 children and young people aged 0-25 years will be able to access support via NHS funded mental health services and school or college-based Mental Health Support Teams.
- The new waiting time standards for eating disorders will be achieved and maintained.
- CYP mental health plans will align with those for children and young people with learning disability, autism, special educational needs and disability (SEND), children and young people's services, and health and justice
- There will be 24/7 mental health crisis provision for children and young people that combines crisis assessment, brief response and intensive home treatment functions.
- There will be a comprehensive offer for 0-25-year-olds that reaches across mental health services for children and young people and adults.
- ICB and partners within this local transformation plan are committed to achieving the mental health investment standards detailed in the NHS Long Term Plan. It is expected that ICB investment will increase, considering any national inflation.

# Children and Young People's Mental Health Governance

## Children and Young People's Mental Health Executive

The Children and Young People's Mental Health & Wellbeing Executive Meeting group oversees the development and delivery of the Local Transformation Plan for Children and Young People's Mental Health. It meets 4 times per year. It covers the Nottingham and Nottinghamshire ICS footprint.

The Local Transformation Plan describes a cross system approach to improving Children and Young People's Mental Health. The plan is refreshed annually, with the last refresh taking place in September 2022.

The Executive includes representatives from the ICB, local authority children's services, education, public health, local NHS, elected members, non- NHS providers and NHS England in order to ensure a coordinated approach.

# Engagement and co- production

Working with MH2K since 2017 to support transformation across CAMHS including

Eating Disorders

Crisis

Mental Health Support Teams in Schools

Transition

Involvement

Resource has been secured to work with MH2K for the next two years

# Targeted City CAMHS:

## *Clinical & partnership developments*

- Participation events; roadshows in schools and community, “Have your Say” capturing feedback and social media (You Tube, Instagram)
- Single Session Therapy training of Nottingham City Council & Nottinghamshire Healthcare Trust workforce
- Health Inequalities improvement Forum established
- Well-Being Empowerment Hub
- Complex case reviews (partnership between Targeted/Community CAMHS and Behavioural and Emotional Health Team)
- Increased group delivery (NICE recommended first line interventions) for range of ages and presentations
- Healthy Little Minds 0-2 parent/infant relationship team (SSBC funded) One of 46 such teams nationwide, and only 26% of CAMHS services offering this provision
- Regular attendance at Nottingham City Dynamic Support Register meetings (DSR)
- Work with City CAMHS Specialist Service

# Targeted City CAMHS:

## *Resilience, Progression, Retention*

- Workforce proposal and modernisation plan underway, with the intention of increasing resilience in leadership by including Head of Service to CAMHS structure, and enhancing clinical supervision for high and low intensity IAPT trained therapists.
- Further embedding THRIVE model by developing a Single Point of Access (SPA) team- including a dedicated SPA manager, and specific roles in line with our data intelligence and national guidance, including an LBTQ/EDI practitioner. This well-evaluated model will enhance our early intervention provision, increase interventions at the point of need, and extend our partnership working with services.
- Well-Being Hub : joint project with Nottinghamshire Healthcare Trust and Nottingham City Council as part of work to manage waiting times.
- Increasing delivery across the life span by development of Healthy Little Minds and developing pathway into Targeted CAMHS with parent therapists and interventions from 2 yrs of age. Partnership established with Perinatal Mental Health Team to ensure seamless and continuing provision.
- Ensuring professional development and progression within CAMHS by having IAPT qualified positions, and embedding clear objectives and roles within the workforce proposal.

# Mental Health Support Teams in Schools

- MHSTs are in each locality across Nottinghamshire. In Nottingham City, this equates to approximately 80 schools.
- MHSTs are made up of new staff teams, including the new Education Mental Health practitioner role, children's wellbeing practitioners, systemic family practitioners, CBT therapists and EMDR therapists. We also have an educational specialist who is implementing trauma informed practise across secondary schools.
- The MHST rollout in Nottingham City will achieve around 75% coverage by Jan 2024.
- We are currently developing our offer to SEND specialist schools through a pilot project with one of our specialist provisions.
- MHSTs have also worked with wider Education colleagues to develop the NottAlone website and NottAlone LIVE event..

## **MHSTs have 3 core functions**

- delivering evidence based early interventions
- supporting schools to develop their whole school approach to mental health
- Helping children and young people with more severe needs to access the right support. They build on and increase support already in place, not replace it.



# NottAlone

- The award winning website launched in September 2021, during the pandemic.
- A 'one-stop' website and communication tool for users to access information, advice, guidance and signposting to relevant services based on location and age.
- Department of Education approved trainer for Senior Mental Health Leads in schools
- Currently being developed into adults advice, guidance and services to provide a central point of information for all things mental health in Nottingham City and Nottinghamshire.
- Recently collaborated with Nottingham City MHST to organise 'NottAlone LIVE'; an in person event attended by over 100 CYP and school staff, offering a range of stalls, workshops and guest speakers as part of the theme 'connecting' for children's mental health week.
- [www.nottalone.org.uk](http://www.nottalone.org.uk)

# Be U Notts

- Be U Notts is a free mental health and emotional wellbeing service for Children and Young People, in Nottingham City and Nottinghamshire County
- The service delivers a range of emotional interventions to children and young people (0-25) presenting with low to mild emotional needs within the THRIVE model 'Getting Advice' and 'Getting Help'. Be U Notts also supports professionals through a consultation and training offer.
- Launched on 1<sup>st</sup> April 2022, the service continues to develop and embed coworking opportunities with external peer providers to contribute to the formation of a wellbeing pathway following the THRIVE model.
- The next phase of the project will further establish complimentary interventions and added value to the F2F / virtual interventions through the growth of a social prescribing / introduction network, building greater links that connect young people to projects that offer meaningful opportunities and activity.
- Cross system work is taking place across all early intervention services around emotional and mental health to join up services.



# Interfaces between services

Targeted and Community CAMHS  
Improvement Project

Early Intervention Transformation  
Work

Pathway mapping and development  
for young people at risk of offending

Self Harm Pathway work

# Urgent and Crisis Care

- Nottinghamshire Healthcare Foundation Trust are the primary provider of 24/7 CAMHS crisis and mental health liaison provision in Nottingham and Nottinghamshire. The core offer includes:
  - Crisis support and intervention, including assessment and safety planning in the community and in reach into acute settings
  - Intensive home support and treatment, including weekend and evening support for children and young people with an eating disorder in partnership with the CAMHS Eating Disorder Service
  - 24/7 Crisis telephone support from a mental health practitioner
- Provider collaboratives have formed and are responsible for providing inpatient care for CYP. This includes the development of the Crisis 'Tier 3.5' model that offers:
  - Enhanced community support to offer a robust alternative to acute inpatient care for CYP experiencing a mental health crisis
  - Intensive home treatment and crisis response using a multi-disciplinary approach to provide a seamless pathway between Tiers 3 and 4, offering intensive intervention as an admission (Tier 4) alternative and robust step-down home treatment to expedite safe discharge
  - A staffing model including an ASD specialist and PBS trainers within the CAMHS service to enhance the skills within the team
  - Enhanced working relationships with the CAMHS Eating Disorder and Looked After teams ensuring resilience and out of hours elements of care.
- In April 2020, an all age 24/7 helpline went live so support can be accessed at any time of the day.
- Weekly system call with a range of partners to support CYP identified as being in an inappropriate setting and escalate discharge pathways
- Ambitions over the next year:
  - SHOUT
  - By April 2024, as recommended in the recent 'Delivery plan for recovering urgent and emergency care services' (Department of Health and Social Care and NHS England, January 2023), embed direct access to urgent mental health support through NHS 111 'option 2'

# Eating Disorders

- Nottinghamshire Healthcare Trust are the provider of the CAMHS specialist eating disorder service.
- The national target requires services to ensure 95% of children and young people with an eating disorder can access treatment within 1 week for urgent presentations and 4 weeks for routine presentations. Following increased investment during 22/23, as of Q3 100% of urgent referrals start treatment within 1 week and 83.3% of routine referrals start treatment within 4 weeks.
- The service has worked with MH:2K to develop the CAMHS specialist eating disorder pathway to improve access and communication
- Recent developments include additional funding to support the Avoidant Restrictive Food Intake Disorder (ARFID) pathway which is due to go 'live' in April/May 2023 and the development of a medical monitoring pathway with primary care
- Health Education England and BEAT offer a range of free eating disorder training for professionals across the system

# 0-25 and SEND, Learning Disability and Youth Justice

- By 2023/24 areas must have comprehensive service models for 0-25, which align to other strategic priority areas.
  - A transition protocol between CAMHS and Adult Mental Health is in place and flexible transitions are being tested.
  - Transition posts between CAMHS and Adult Mental Health in place.
  - Engagement with CYP underway to understand how the offer for young adults can improve.
  - BE U Notts offering a service for CYP aged up to 25
- Further work aligning the SEND agenda with mental health will be undertaken as part of developments around 0-25.
- Cross system work being undertaken to support earlier access to mental health support for young people at risk of offending

This page is intentionally left blank

# Together for Nottingham



**Changing Lives.  
Changing Futures.**



**Nottingham  
City Council**

## Children's Partnership Board Ofsted Improvement Plan - Update

Ailsa BARR – DIRECTOR OF CHILDREN'S INTEGRATED SERVICES

# Inspection of Local Authority Children's Services

- ILACS inspection 4<sup>th</sup> – 22<sup>nd</sup> July 2022
- Report published 5<sup>th</sup> September 2022

Judgement	Grade
The impact of leaders on social work practice with children and families	Requires improvement to be good
The experiences and progress of children who need help and protection	Inadequate
The experiences and progress of children in care and care leavers	Requires improvement to be good
Overall effectiveness	Inadequate  (limited by the grading within the domain of children in need of help and protection).

- Action plan in response to the inadequate inspection developed
- Action plan submitted in line with Ofsted framework on 12<sup>th</sup> December 2022
- Ofsted confirmed the action plan 'accurately reflects the findings of the inspection on 19<sup>th</sup> December 2022



# Inspection of Local Authority Children's Services

## Oversight

- Action plan overseen by Children's Improvement Board consisting of:
  - Monthly Children's Executive Improvement Board
    - focusses largely on improving the performance of the Council's Children's Services following the Ofsted inspection
  - Quarterly Children's Partnership Improvement Board
    - has oversight of the progress being made by internal services as well as in the broader children's partnership
- Chaired by an independent Department for Education Improvement Advisor
- Partnership engagement and working is vital to improved outcomes

We can't do this alone!



# 8 Areas for improvement



Effectiveness and timeliness of responses to children's needs when first presented to the multi-agency safeguarding hub



The service response to care leavers age 21 and over



Management Oversight and direction of front-line work and the local authority designated officer



The service response to young people who are aged 16 and 17 who present as homeless



Social Work Capacity



The quality and timeliness of return home interviews



Placement sufficiency for children in care and those with complex needs



Oversight of children missing from education and those who are electively home educated



# Key Updates



# Updates

Page 28



Increased social work capacity and service manager capacity in the MASH

Implemented new systems, processes and guidance within the MASH to increase timeliness of response

Working with partners to improve multi agency information sharing and decision making

Implemented a recruitment and retention package for social workers to attract and retain social workers

Worked with Human Resources to improve our advertising and recruitment processes

Secured additional resources for the Missing from Home team to enable timely return home interviews and quality assessments that feed into a robust safety plan

Improved visibility of the Local Authority Designated Officer and improved oversight of allegations against professionals



Working with Children's Commissioning Team and D2N2 to increase residential capacity for children who come into care

Working with our transformation partner to increase the number of foster carers

Working with partners and internal departments to improve the local offer for care leavers

Consulted with the school's community regarding the "consultation line" and in line with our focus on consent we have ceased to deliver this service

Worked with Housing Aid to increase capacity for 16/17 year olds who present as homeless. New advocacy contract will commence in April 23

Consent:  
Delivered action learning sets to MASH colleagues  
Drafted and rolled out a stages of consent model in the first response service  
Supported the delivery of a series of workshops delivered by the safeguarding partnership - attended by 200 external partners

# Updates

Page 29



**Together for Nottingham**



Changing Lives.  
Changing Futures.



Nottingham  
City Council



# Further developments

Page 30



Together for Nottingham



Changing Lives.  
Changing Futures.



Nottingham  
City Council

# Next Steps

- Monitoring visits – every 3-4 months until next full inspection
- 2 inspectors on site for 2 days
- Focus on specific area of practice
  
- First monitoring visit took place on 28<sup>th</sup> February and 1<sup>st</sup> March
  - Focus was the Front Door
  - No published letter for the first visit (will be published for all subsequent visits)
  - Useful feedback – noting that progress is being made but still more work to be done, which we are aware of

# Any Questions?



## Children's Partnership Board Forward Plan 2022

### March 2023

- Ofsted Improvement Plan
- CAMHS

Proposed future meeting dates (yet to be formally confirmed :

### 27 June 2023

26 September 2023

12 December 2023

26 March 2024

Possible items for future consideration.

- NEET
- 

Please contact Sam Morris if you have any suggestions for future items for the forward plan:  
[sam.morris@nottinghamcity.gov.uk](mailto:sam.morris@nottinghamcity.gov.uk)

This page is intentionally left blank